

Teeter Success Stories

BEATING BACK PAIN & BEYOND

- "I could not be happier with the results I am experiencing."

» **John H:** I had always wondered about the Teeter Hang Ups ever since I saw an ad on TV. I have had back pain, neck pain and was set to undergo hip replacement soon. All though I was hoping this would relieve a little pressure on my back and neck, I also was hopeful it would relieve some pressure / pain in my hip. Let me tell you, what a difference. My back and neck pain are almost a thing of the past and my hip has never felt better with much less pain and pressure. I am able to walk much better with less pain and have better mobility more than I have had in a year plus and it is getting better every day. I could not be happier with the results I am experiencing. I sleep better, ride in my car with much less discomfort and am able to move around better than ever. This has all happened in less than 30 day's on the Teeter Hang Ups and can only hope things will get much better. A very happy customer!

- Tales from an Ultramarathon Runner

» **Lisa Tamati:** As an extreme runner who has been competing internationally in ultramarathons around the world for the past 15 years, I put my body under extreme pressure. I now have 4 discs that are totally worn and cause me a lot of pain, but since I got the Teeter inversion table, I haven't looked back. It's helped me tremendously and I am extremely thankful for enabling me to continue in my career. I have run the equivalent of two and a half times around the world and despite the injuries, I'm still going strong thanks in part to this wonderful apparatus.



Lisa Tamati, Ultramarathoner

- "I want to express to others this really works!"

» **Larry M:** I didn't think anything you buy on TV was worth anything, but I had been up for days in pain from a car accident. I was desperate, so I researched your product and heard good responses, and I bought one. After four days I have no pain in my back like I've had for [the past] 9 years. I want to express to others this really works! I am not being paid to write this, I just feel its a wonderful product and others should know about it if they have bad backs. I've got more energy and feel like I did when 20 and I'm 57. Thanks so much for selling this product where people can get it. I am now not imprisoned in my home because I can't do things, thank you so much for a good product.

- Worth Triple the Price

» **David:** I'm playing tennis again and this is all after just one week of using the Teeter. I will continue to use it morning and night. For me, it would have been worth three times the money I paid.

- "The construction of [the Teeter Hang Ups] is of the highest standards."

» **Dr. Tim E:** I would highly recommend this to anyone who has back or neck problems, or who wants an excellent workout unit to do things like vertical sit-ups. I have used this every day since I got it and absolutely love it! The construction of this unit is of the highest standards. Teeter has done an excellent job designing this table so it will last for many, many years. Thanks Teeter...job well done!

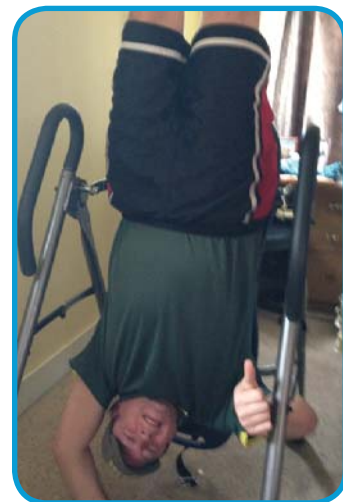
- A Life Regained

» **Paul:** I do not unconsciously plan every movement of my day around the avoidance of pain anymore. I feel like I have regained my life back; golf, swimming and for the first time in 16 months, I ran my favorite route – with no back pain during or after my run.

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- “This is the best purchase I have ever made! The [Teeter] is pure quality and easy to set up.”
 - » **Pamela D:** I have had back and neck problems most of my adult life. I tried all kinds of expensive mattresses and pillows. None have worked for any length of time. I have been using my inversion table now for a month and my back and neck have never been better. I have no trouble getting up in the mornings and I can go through my busy day without even thinking of my back. BECAUSE IT DOESN'T HURT!!!! I do a lot of strenuous activity during my days, and I was amazed when I realized that my back and neck were not giving me any trouble! This is the best purchase I have ever made! The [Teeter] is pure quality and easy to set up. Thanks to the Teeter Hang Ups people for one of the greatest products on the market.
- **When Nothing Else Worked**
 - » **Simon:** After suffering from severe back pain for nearly 10 years, I tried nearly everything to get help. Nothing worked until one day a good friend suggested inversion. I can honestly tell you [my Teeter] has given me my life back. THANK YOU SO MUCH.
- “If someone else had told me this, I would not believe them. It is truly amazing.”
 - » **Eileen B:** My husband has wanted one for a while--his back has been bothering him for about a year. I have had back problems since 1990, when I was diagnosed with a herniated disc. I am a certified registered nurse anesthetist, and have seen countless patients who have had back surgery with less than desirable results. I was of the opinion that you just “muddle through as best you can.” As luck would have it, last week I had a full-blown back spasm so that I could not move AT ALL. Two days later, I thought, “I might as well give it a try.” You see, I really didn't think the table would do much good. I felt instantly better when I got off the table (I was on for 10 minutes at about a 20 degree angle). I really mean instantly!! I have been on it every day since, twice a day. I am now completely pain free. It has only been 4 days. UNBELIEVABLE!!! I can't begin to express how much relief I have experienced. If someone else had told me this, I would not believe them. It is truly amazing. Thank you.
- “I prayed, and not long after, saw an infomercial for the Teeter Hang Ups!”
 - » **Davey:** I was told 5 years ago that I need a hip replacement. I still played basketball up until recently when I injured my back playing the sport I love. I could hardly walk the next day. My back finally caught up to my hip. I had no sick time at work and was really scared not knowing how long I would be out of commission. I prayed and not long after, saw an infomercial on the Teeter Hang Ups! I NEVER buy things off of the TV, but this item really sparked my interest. I did some research and read GREAT reviews on these inversion tables. I was so excited to try it. I couldn't stand up straight before I got on my table. I tilted back and at about 20 degrees noticed no pain. I then went for the 60 degree incline. I felt the blood rush to my head and felt a good stretch in my lower back. I was there about 30 seconds. I then got off the table. I WAS STANDING up STRAIGHT!!! I couldn't believe it. I walked into the kitchen almost pain free! I was so happy! I got on the table for 10-12 minutes 2 more times before going to bed. I am now writing this review from my bed and I will say, I have NO pain at this time. I'm so excited. I want to thank you, and my wife thanks you for saving me Chiropractor fees and for getting me back to work soon. The Teeter Hang Ups really works!



Davey, Salem, OR